

WHAT TO DO WITH THE MEGA-PACK

Memorization is the result of meditation. Meditation is making a space in your daily life to focus your thoughts on God's word/truth. This is a key habit for transforming our mind (Romans 12:2).



DAILY CHOOSE ONE OR TWO OF THE FOLLOWING:

- Find a quiet place away from distractions to slowly read and think about one passage, statement or card at a time.
 - Focus on one phrase at a time and think about the meaning of each word and phrase.
 - Read the statement or passage out loud.
 - Read it with voice inflection, meaning, and passion.
 - Pray through a statement or passage asking God to help you conform to the truth you are meditating on.
 - Use the SOAP tool as a way of looking deeply into each passage or statement.
 - Invite a friend or small group to practice this discipline with you and hold each other accountable to the process.
 - Take your cards with you as you go about your day so they can become a part of how you “redeem the time”.
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